3. The Defendant, Mr. Simon Cordell be forbidden (whether by himself or by instructing or encouraging or permitting any other person) from engaging or threatening to engage in conduct that is likely to cause physical violence and verbal abuse to the Claimant's employees, tenants and visitors to the block of flats at Burncroft Avenue, Enfield.

- 4. The Defendant, Mr. Simon Cordell be forbidden (whether by himself or by instructing or encouraging or permitting any other person) from engaging or threatening to engage in conduct that is likely to cause intimidation, harassment, alarm and distress to the Claimant's employees, tenants and visitors to the block of flats at Burncroft Avenue, Enfield.
- 5. The Defendant, Mr. Simon Cordell be forbidden (whether by himself or by instructing or encouraging or permitting any other person) engaging or threatening to engage in conduct that is likely to cause nuisance and annoyance to the Claimant's employees, tenants and visitors to the block of flats at Burncroft Avenue, Enfield.
- 6. The Defendant, Mr. Simon Cordell be forbidden (whether by himself or by instructing or encouraging or permitting any other person) from using his pet dog to frighten, intimidate, or threaten violence to the Claimant's employees, tenants and visitors at Burncroft Avenue, Enfield.